



Week Four

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|--|
| Cereal Fresh fruit | English muffins with Jam Fresh fruit | Homemade Cereal Bars Fresh fruit | Raisin Toast Fresh fruit | Croissants and Jam Fresh fruit |
| Variety of sandwiches and crispy minis Fresh veggies and fruit | Pasta with Homemade spinach and zucchini Meat sauce Fresh veggies and fruit | Spinach and cheese frittatas with toast Fresh veggies and fruit | Cheesy Chicken Rice Fresh veggies and fruit | Pizza Party! Fresh veggies and fruit |
| Ozery Rounds and WOW Butter Fresh Fruit | Tostitos, Salsa & Guacamole Fresh Fruit | Crackers with WOW Butter & Raisins Fresh fruit | Homemade Chocolate Hummus and Arrowroots Fresh fruit | Joan's Homemade Cookies Fresh fruit |